

Sylvan Island Stampede (LONG XC)

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
1	KEVIN MCCONNELL	IOWA CITY, IA	M: 1	BIKER	27	01:27:20.17	04:22	13.7mph	Male 40 - 59:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:17:26.17		0.0mph		00:17:26.17
				Lap 1		00:17:28.78	04:22	13.7mph		00:34:54.95
				Lap 2		00:17:27.23	04:21	13.8mph		00:52:22.18
				Lap 3		00:17:37.19	04:24	13.6mph		01:09:59.36
				Lap 4		00:17:20.81	04:20	13.8mph		01:27:20.17
2	NATE KULLBOM	IOWA CITY, IA	M: 2	BIKER	25	01:29:51.02	04:29	13.4mph	Male 40 - 59:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:17:26.90		0.0mph		00:17:26.90
				Lap 1		00:18:30.80	04:37	13.0mph		00:35:57.70
				Lap 2		00:17:34.57	04:23	13.7mph		00:53:32.27
				Lap 3		00:17:52.82	04:28	13.4mph		01:11:25.08
				Lap 4		00:18:25.94	04:36	13.0mph		01:29:51.02
3	KADEN SNOOP	MARION, IA	M: 3	BIKER	39	01:32:36.36	04:37	13.0mph	Male 19 - 39:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:17:54.76		0.0mph		00:17:54.76
				Lap 1		00:18:39.83	04:39	12.9mph		00:36:34.59
				Lap 2		00:18:40.84	04:40	12.8mph		00:55:15.43
				Lap 3		00:19:01.18	04:45	12.6mph		01:14:16.61
				Lap 4		00:18:19.76	04:34	13.1mph		01:32:36.36
4	BEN JANSON	DUBUQUE, IA	M: 4	BIKER	21	01:32:36.97	04:37	13.0mph	Male 19 - 39:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:18:28.88		0.0mph		00:18:28.88
				Lap 1		00:18:12.56	04:33	13.2mph		00:36:41.44
				Lap 2		00:18:31.63	04:37	13.0mph		00:55:13.06
				Lap 3		00:19:00.74	04:45	12.6mph		01:14:13.80
				Lap 4		00:18:23.18	04:35	13.1mph		01:32:36.97
5	OWEN WILLIAMS	JANESVILLE, WI	M: 5	BIKER	43	01:33:13.10	04:39	12.9mph	Male 18U:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:18:23.93		0.0mph		00:18:23.93
				Lap 1		00:18:21.14	04:35	13.1mph		00:36:45.07
				Lap 2		00:18:30.29	04:37	13.0mph		00:55:15.36
				Lap 3		00:19:00.67	04:45	12.6mph		01:14:16.03
				Lap 4		00:18:57.08	04:44	12.7mph		01:33:13.10
6	BENJAMIN ANDERSON	IOWA CITY, IA	M: 6	BIKER	2	01:35:04.53	04:45	12.6mph	Male 40 - 59:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:18:19.37		0.0mph		00:18:19.37
				Lap 1		00:18:53.24	04:43	12.7mph		00:37:12.61
				Lap 2		00:19:04.57	04:46	12.6mph		00:56:17.18
				Lap 3		00:19:08.69	04:47	12.5mph		01:15:25.86
				Lap 4		00:19:38.67	04:54	12.2mph		01:35:04.53
7	MITCHEL SCHULZ	TIPTON, IA	M: 7	BIKER	37	01:35:46.75	04:47	12.5mph	Male 19 - 39:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:19:04.86		0.0mph		00:19:04.86
				Lap 1		00:19:17.63	04:49	12.4mph		00:38:22.49
				Lap 2		00:19:05.93	04:46	12.6mph		00:57:28.42
				Lap 3		00:19:10.38	04:47	12.5mph		01:16:38.79
				Lap 4		00:19:07.96	04:46	12.5mph		01:35:46.75
8	LUKAS MILLER	MOUNT PLEASANT, WI	M: 8	BIKER	28	01:37:10.71	04:51	12.3mph	Male 18U:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:18:44.51		0.0mph		00:18:44.51
				Lap 1		00:19:19.83	04:49	12.4mph		00:38:04.34
				Lap 2		00:19:26.65	04:51	12.3mph		00:57:30.99
				Lap 3		00:20:06.35	05:01	11.9mph		01:17:37.33
				Lap 4		00:19:33.38	04:53	12.3mph		01:37:10.71
9	PAUL DEKEERSGIETER	NORMAL, IL	M: 9	BIKER	11	01:38:11.26	04:54	12.2mph	Male 40 - 59:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:19:35.59		0.0mph		00:19:35.59
				Lap 1		00:19:32.20	04:53	12.3mph		00:39:07.78
				Lap 2		00:19:43.67	04:55	12.2mph		00:58:51.45
				Lap 3		00:19:37.73	04:54	12.2mph		01:18:29.17
				Lap 4		00:19:42.09	04:55	12.2mph		01:38:11.26

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
10	JOSH WREN	ROCK ISLAND, IL	M: 10	BIKER	48	01:38:51.07	04:56	12.1mph	Male 40 - 59:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:19:18.92		0.0mph		00:19:18.92
				Lap 1		00:19:17.38	04:49	12.4mph		00:38:36.29
				Lap 2		00:19:47.77	04:56	12.1mph		00:58:24.06
				Lap 3		00:19:54.30	04:58	12.1mph		01:18:18.36
				Lap 4		00:20:32.71	05:08	11.7mph		01:38:51.07
11	CHARLIE BUI	NORTH LIBERTY, IA	M: 11	BIKER	8	01:39:20.74	04:58	12.1mph	Male 19 - 39:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:20:33.93		0.0mph		00:20:33.93
				Lap 1		00:20:14.55	05:03	11.9mph		00:40:48.48
				Lap 2		00:19:57.54	04:59	12.0mph		01:00:46.02
				Lap 3		00:19:22.25	04:50	12.4mph		01:20:08.26
				Lap 4		00:19:12.48	04:48	12.5mph		01:39:20.74
12	KEITH SNOOP	MARION, IA	M: 12	BIKER	40	01:39:30.64	04:58	12.1mph	Male 40 - 59:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:19:53.12		0.0mph		00:19:53.12
				Lap 1		00:19:57.04	04:59	12.0mph		00:39:50.15
				Lap 2		00:19:45.05	04:56	12.2mph		00:59:35.20
				Lap 3		00:19:54.39	04:58	12.1mph		01:19:29.58
				Lap 4		00:20:01.06	05:00	12.0mph		01:39:30.64
13	CALEB WILSON	KALONA, IA	M: 13	BIKER	44	01:39:47.74	04:59	12.0mph	Male 19 - 39:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:19:52.09		0.0mph		00:19:52.09
				Lap 1		00:20:01.22	05:00	12.0mph		00:39:53.31
				Lap 2		00:19:57.23	04:59	12.0mph		00:59:50.54
				Lap 3		00:20:17.23	05:04	11.8mph		01:20:07.77
				Lap 4		00:19:39.98	04:54	12.2mph		01:39:47.74
14	MARCIN CZAICKI	AURORA, IL	M: 14	BIKER	69	01:40:21.45	05:01	12.0mph	Male 40 - 59:	7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:19:49.90		0.0mph		00:19:49.90
				Lap 1		00:20:03.60	05:00	12.0mph		00:39:53.50
				Lap 2		00:19:57.70	04:59	12.0mph		00:59:51.20
				Lap 3		00:20:19.58	05:04	11.8mph		01:20:10.78
				Lap 4		00:20:10.68	05:02	11.9mph		01:40:21.45
15	JACOB ANDERTON	PEORIA, IL	M: 15	BIKER	3	01:41:56.96	05:05	11.8mph	Male 18U:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:19:19.24		0.0mph		00:19:19.24
				Lap 1		00:20:01.98	05:00	12.0mph		00:39:21.21
				Lap 2		00:20:30.82	05:07	11.7mph		00:59:52.03
				Lap 3		00:20:35.00	05:08	11.7mph		01:20:27.02
				Lap 4		00:21:29.94	05:22	11.2mph		01:41:56.96
16	BRIAN KINGSBURY	ROGERS, AR	M: 16	BIKER	22	01:42:39.17	05:07	11.7mph	Male 40 - 59:	8
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:20:06.70		0.0mph		00:20:06.70
				Lap 1		00:19:49.24	04:57	12.1mph		00:39:55.93
				Lap 2		00:19:34.75	04:53	12.3mph		00:59:30.68
				Lap 3		00:21:07.31	05:16	11.4mph		01:20:37.98
				Lap 4		00:22:01.19	05:30	10.9mph		01:42:39.17
17	WYATT SCHMIDT	SYCAMORE, IL	M: 17	BIKER	36	01:43:52.31	05:11	11.6mph	Male 18U:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:20:08.12		0.0mph		00:20:08.12
				Lap 1		00:20:42.05	05:10	11.6mph		00:40:50.17
				Lap 2		00:21:13.73	05:18	11.3mph		01:02:03.89
				Lap 3		00:20:57.84	05:14	11.4mph		01:23:01.72
				Lap 4		00:20:50.59	05:12	11.5mph		01:43:52.31
18	WYATT FLADE	ANTIOCH, IL	M: 18	BIKER	14	01:43:54.26	05:11	11.5mph	Male 18U:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:19:51.10		0.0mph		00:19:51.10
				Lap 1		00:20:05.11	05:01	11.9mph		00:39:56.21
				Lap 2		00:21:00.71	05:15	11.4mph		01:00:56.91
				Lap 3		00:21:53.48	05:28	11.0mph		01:22:50.39
				Lap 4		00:21:03.87	05:15	11.4mph		01:43:54.26
19	WILLIAM SCHMIDT	SYCAMORE, IL	M: 19	BIKER	35	01:44:08.93	05:12	11.5mph	Male 40 - 59:	9
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:20:30.14		0.0mph		00:20:30.14
				Lap 1		00:20:54.77	05:13	11.5mph		00:41:24.90
				Lap 2		00:21:25.25	05:21	11.2mph		01:02:50.15
				Lap 3		00:20:52.99	05:13	11.5mph		01:23:43.14
				Lap 4		00:20:25.79	05:06	11.7mph		01:44:08.93

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
20	HENRY WHYTE	WAUNAKEE, WI	M: 20	BIKER	42	01:44:12.33	05:12	11.5mph	Male 18U: 6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:19:17.91		0.0mph	00:19:17.91
				Lap 1		00:20:05.23	05:01	11.9mph	00:39:23.13
				Lap 2		00:20:39.20	05:09	11.6mph	01:00:02.33
				Lap 3		00:22:07.22	05:31	10.8mph	01:22:09.54
				Lap 4		00:22:02.79	05:30	10.9mph	01:44:12.33
21	DANIEL ADAMS	DAVENPORT, IA	M: 21	BIKER	1	01:46:20.17	05:19	11.3mph	Male 40 - 59: 10
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:20:37.64		0.0mph	00:20:37.64
				Lap 1		00:21:00.77	05:15	11.4mph	00:41:38.41
				Lap 2		00:21:30.80	05:22	11.2mph	01:03:09.21
				Lap 3		00:21:48.17	05:27	11.0mph	01:24:57.38
				Lap 4		00:21:22.79	05:20	11.2mph	01:46:20.17
22	GARY DENHART	GALESBURG, IL	M: 22	BIKER	12	01:46:54.38	05:20	11.2mph	Male 40 - 59: 11
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:20:21.93		0.0mph	00:20:21.93
				Lap 1		00:21:02.97	05:15	11.4mph	00:41:24.89
				Lap 2		00:21:25.19	05:21	11.2mph	01:02:50.07
				Lap 3		00:21:55.79	05:28	10.9mph	01:24:45.86
				Lap 4		00:22:08.53	05:32	10.8mph	01:46:54.38
23	JUSTIN EMBREY	MORTON, IL	M: 23	BIKER	13	01:49:20.60	05:28	11.0mph	Male 40 - 59: 12
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:21:16.27		0.0mph	00:21:16.27
				Lap 1		00:22:07.98	05:31	10.8mph	00:43:24.24
				Lap 2		00:22:03.81	05:30	10.9mph	01:05:28.04
				Lap 3		00:22:15.73	05:33	10.8mph	01:27:43.77
				Lap 4		00:21:36.83	05:24	11.1mph	01:49:20.60
24	RUTH KNOX	WAUKEGAN, IL	F: 1	BIKER	24	01:49:22.03	05:28	11.0mph	Female 18U: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:22:53.89		0.0mph	00:22:53.89
				Lap 1		00:21:14.57	05:18	11.3mph	00:44:08.45
				Lap 2		00:21:47.75	05:26	11.0mph	01:05:56.19
				Lap 3		00:21:44.69	05:26	11.0mph	01:27:40.88
				Lap 4		00:21:41.16	05:25	11.1mph	01:49:22.03
25	STEVE WISEMAN	DES MOINES, IA	M: 24	BIKER	46	01:50:36.20	05:31	10.8mph	Male 40 - 59: 13
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:23:21.03		0.0mph	00:23:21.03
				Lap 1		00:22:34.12	05:38	10.6mph	00:45:55.14
				Lap 2		00:21:54.31	05:28	11.0mph	01:07:49.45
				Lap 3		00:21:12.75	05:18	11.3mph	01:29:02.19
				Lap 4		00:21:34.01	05:23	11.1mph	01:50:36.20
26	ERIN SOEDT	DAVENPORT, IA	F: 2	BIKER	41	01:51:43.90	05:35	10.7mph	Female 40 - 59: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:21:59.41		0.0mph	00:21:59.41
				Lap 1		00:22:12.73	05:33	10.8mph	00:44:12.13
				Lap 2		00:21:43.58	05:25	11.0mph	01:05:55.70
				Lap 3		00:22:26.42	05:36	10.7mph	01:28:22.12
				Lap 4		00:23:21.78	05:50	10.3mph	01:51:43.90
27	LAUREN WOLFE	EAST MOLINE, IL	F: 3	BIKER	47	01:52:00.96	05:36	10.7mph	Female 40 - 59: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:21:58.80		0.0mph	00:21:58.80
				Lap 1		00:22:13.18	05:33	10.8mph	00:44:11.97
				Lap 2		00:22:28.02	05:37	10.7mph	01:06:39.98
				Lap 3		00:22:41.79	05:40	10.6mph	01:29:21.77
				Lap 4		00:22:39.20	05:39	10.6mph	01:52:00.96
28	ELLIOT KNOX	WAUKEGAN, IL	M: 25	BIKER	23	01:53:42.89	05:41	10.6mph	Male 18U: 7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:21:20.36		0.0mph	00:21:20.36
				Lap 1		00:22:43.47	05:40	10.6mph	00:44:03.82
				Lap 2		00:22:49.84	05:42	10.5mph	01:06:53.66
				Lap 3		00:22:18.68	05:34	10.8mph	01:29:12.34
				Lap 4		00:24:30.56	06:07	9.8mph	01:53:42.89
29	GREG ARONSON	BETTENDORF, IA	M: 26	BIKER	4	01:54:37.69	05:43	10.5mph	Male 40 - 59: 14
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:22:17.77		0.0mph	00:22:17.77
				Lap 1		00:22:45.16	05:41	10.5mph	00:45:02.93
				Lap 2		00:22:46.61	05:41	10.5mph	01:07:49.54
				Lap 3		00:23:21.78	05:50	10.3mph	01:31:11.32
				Lap 4		00:23:26.38	05:51	10.2mph	01:54:37.69

Sylvan Island Stampede (LONG XC)

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30	MAX PANEK	ADDISON, IL	M: 27	BIKER	30	01:54:39.37	05:43	10.5mph	Male 18U:	8
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:22:05.64		0.0mph		00:22:05.64
				Lap 1		00:22:19.52	05:34	10.8mph		00:44:25.15
				Lap 2		00:22:50.45	05:42	10.5mph		01:07:15.60
				Lap 3		00:23:34.71	05:53	10.2mph		01:30:50.30
				Lap 4		00:23:49.07	05:57	10.1mph		01:54:39.37
31	RICHARD HILL	HAMMOND, IN	M: 28	BIKER	19	01:55:13.84	05:45	10.4mph	Male 60+:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:23:09.84		0.0mph		00:23:09.84
				Lap 1		00:22:05.15	05:31	10.9mph		00:45:14.99
				Lap 2		00:22:08.75	05:32	10.8mph		01:07:23.74
				Lap 3		00:21:45.25	05:26	11.0mph		01:29:08.98
				Lap 4		00:26:04.87	06:31	9.2mph		01:55:13.84
32	MASON LOETE	IOWA CITY, IA	M: 29	BIKER	26	01:56:24.11	05:49	10.3mph	Male 19 - 39:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:20:04.72		0.0mph		00:20:04.72
				Lap 1		00:20:44.81	05:11	11.6mph		00:40:49.52
				Lap 2		00:21:04.43	05:16	11.4mph		01:01:53.95
				Lap 3		00:33:19.02	08:19	7.2mph		01:35:12.96
				Lap 4		00:21:11.15	05:17	11.3mph		01:56:24.11
33	LANDON BEACHY	KALONA, IA	M: 30	BIKER	7	02:00:02.94	06:00	10.0mph	Male 60+:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:23:21.07		0.0mph		00:23:21.07
				Lap 1		00:23:07.01	05:46	10.4mph		00:46:28.08
				Lap 2		00:23:31.15	05:52	10.2mph		01:09:59.22
				Lap 3		00:23:30.24	05:52	10.2mph		01:33:29.45
				Lap 4		00:26:33.49	06:38	9.0mph		02:00:02.94
34	MATT THURMAN		M: 31	BIKER	194	02:00:26.82	06:01	10.0mph	Male 40 - 59:	15
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:23:35.93		0.0mph		00:23:35.93
				Lap 1		00:22:38.82	05:39	10.6mph		00:46:14.74
				Lap 2		00:23:50.86	05:57	10.1mph		01:10:05.60
				Lap 3		00:24:51.17	06:12	9.7mph		01:34:56.77
				Lap 4		00:25:30.06	06:22	9.4mph		02:00:26.82
35	RICK WREN	ROCK ISLAND, IL	M: 32	BIKER	49	02:00:50.38	06:02	9.9mph	Male 60+:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:23:28.30		0.0mph		00:23:28.30
				Lap 1		00:23:12.87	05:48	10.3mph		00:46:41.16
				Lap 2		00:23:21.86	05:50	10.3mph		01:10:03.02
				Lap 3		00:24:30.35	06:07	9.8mph		01:34:33.37
				Lap 4		00:26:17.02	06:34	9.1mph		02:00:50.38
36	ELLIOT BAUGHMAN	CLIVE, IA	M: 33	BIKER	6	02:02:17.38	06:06	9.8mph	Male 18U:	9
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:23:50.60		0.0mph		00:23:50.60
				Lap 1		00:22:47.30	05:41	10.5mph		00:46:37.90
				Lap 2		00:24:28.10	06:07	9.8mph		01:11:05.99
				Lap 3		00:25:27.15	06:21	9.4mph		01:36:33.14
				Lap 4		00:25:44.25	06:26	9.3mph		02:02:17.38
37	PETER SCHAEFER	MOLINE, IL	M: 34	BIKER	33	02:03:28.40	06:10	9.7mph	Male 40 - 59:	16
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:22:32.22		0.0mph		00:22:32.22
				Lap 1		00:21:56.62	05:29	10.9mph		00:44:28.84
				Lap 2		00:22:53.07	05:43	10.5mph		01:07:21.90
				Lap 3		00:26:45.17	06:41	9.0mph		01:34:07.07
				Lap 4		00:29:21.34	07:20	8.2mph		02:03:28.40
38	KATHERINE A. ROCCASECCA	ANKENY, IA	F: 4	BIKER	32	02:08:08.00	06:24	9.4mph	Female 40 - 59:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Finish		00:25:21.47		0.0mph		00:25:21.47
				Lap 1		00:25:19.26	06:19	9.5mph		00:50:40.73
				Lap 2		00:25:35.95	06:23	9.4mph		01:16:16.68
				Lap 3		00:25:34.68	06:23	9.4mph		01:41:51.35
				Lap 4		00:26:16.66	06:34	9.1mph		02:08:08.00

Sylvan Island Stampede (LONG XC)

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
39	CHRISTIAN BAUGHMAN	CLIVE, IA	M: 35	BIKER	5	02:13:48.07	06:41	9.0mph	Male 40 - 59: 17
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
			Finish			00:26:42.88		0.0mph	00:26:42.88
			Lap 1			00:27:19.44	06:49	8.8mph	00:54:02.32
			Lap 2			00:27:56.69	06:59	8.6mph	01:21:59.00
			Lap 3			00:25:56.82	06:29	9.2mph	01:47:55.82
			Lap 4			00:25:52.25	06:28	9.3mph	02:13:48.07
40	NIKKI SCHMIDT	SYCAMORE, IL	F: 5	BIKER	34	02:14:09.94	06:42	8.9mph	Female 40 - 59: 4
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
			Finish			00:27:18.05		0.0mph	00:27:18.05
			Lap 1			00:27:31.14	06:52	8.7mph	00:54:49.18
			Lap 2			00:26:48.18	06:42	9.0mph	01:21:37.36
			Lap 3			00:26:38.39	06:39	9.0mph	01:48:15.74
			Lap 4			00:25:54.21	06:28	9.3mph	02:14:09.94
41	ETHAN FREDERICKSON	SYCAMORE, IL	M: 36	BIKER	17	02:15:41.77	06:47	8.8mph	Male 18U: 10
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
			Finish			00:23:54.97		0.0mph	00:23:54.97
			Lap 1			00:26:57.33	06:44	8.9mph	00:50:52.29
			Lap 2			00:26:52.26	06:43	8.9mph	01:17:44.54
			Lap 3			00:27:34.44	06:53	8.7mph	01:45:18.98
			Lap 4			00:30:22.79	07:35	7.9mph	02:15:41.77
42	DAVE FREDERICKSON	SYCAMORE, IL	M: 37	BIKER	16	02:16:36.62	06:49	8.8mph	Male 40 - 59: 18
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
			Finish			00:25:47.75		0.0mph	00:25:47.75
			Lap 1			00:27:17.72	06:49	8.8mph	00:53:05.47
			Lap 2			00:27:37.35	06:54	8.7mph	01:20:42.81
			Lap 3			00:28:21.72	07:05	8.5mph	01:49:04.52
			Lap 4			00:27:32.10	06:53	8.7mph	02:16:36.62